



The Eagle's Nest Outreach Center

Special points of interest:

- * State of Maryland participates in feeding the Needy!
- * Youth Ambassador program is launched
- * Career/Coach Spotlight
- * Save the Date Calendar

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State of Maryland participates in Feeding the Homeless



The State of Maryland Division of Neighborhood Revitalization selected the Eagle's Nest Outreach Center to participate in the recent food drive for the Holidays. The Baltimore staff participated through a program that the State encouraged employees to adopt a Non-Profit for four hours to make a contribution.

The staff assembled 101 food baskets for delivery and assisted in giving numerous clothes away.

During the year of 2011, The Eagle's Nest Outreach Center received numerous request from the homeless and needy to assist with the current economic climate in Baltimore City. "The Need has been Great" Lakiesha Brown, Executive Director of the Outreach Center. "We are experiencing a high cost of food combined with high utility bills. Any way that we can help to offset those costs within our abilities we are ready to step in to help".

During the year of 2011, over 350 people were given food along with 475 people received donations of clothes and other household items. "This program is needed for East Baltimore residents" Kevin Baynes, Director of Neighborhood Revitalization. 

Youth Ambassador Program begins another year!

WOW!! We are excited as we embark on our Second year of the Youth Ambassador program. The primary mission of the program is to build life skills to young people that

they will be able to build on during their entire life. With the launch of the Youth Ambassador program our speakers are considered coaches for our young people. They will

come in the second hour of the program for all families and others to attend to learn tools and new career choices that they may have not considered before. → **Page 2**



"Begin with the End in Mind"

"The Seven Habits of
Highly Effective
People"

Steven Covey



Inspirational Vitamin


brought to you by
Isaiah Carter:

Take charge of
your financial life
and it will take
care of you.

Youth Ambassador program begins another year—Cont'd from Page 1

This year's participants range from 9th grade to 12 grade.

The Youth Ambassador Program consists of 8 Saturday sessions from February through May with the core components of: Nutrition, Education, Career/Workforce Development, Financial Literacy and Scholarship.

We will unveil the names and faces of our participants in the March newsletter. 



Mark Your Calendar—Save the DATES



February

February 4 - 10-12 Do you want to kick start your life? Join us in kicking off the Youth Ambassador program by learning to set goals in your life and mapping out your vision.

February 18- Isaiah Carter—Motivational Speaker & Tony Reid Fitness/Health Coach—Tips on keeping fit, living and eating Healthy

February is Healthy Heart and Motivate your life! Save the DATE



March

March 3—Keion Carpenter former NFL player and Motivational speaker & **Jane Willeboorse: Energy Auditor—**Save Energy on your heating bill.

March 17 - PNC Bank — Learn how to create a financial plan for your life.

March is Saving Energy, Green Job and making more Green!

Coach Spotlight — Isaiah Carter—Your Financial Guide




Spotlight: Motivational Speaker— Isaiah Carter

As a Financial Services representative for Metropolitan Life Insurance Company my goal is to provide families and business owners with assistance in

building their financial freedom. Sharing that knowledge and experience of years in the business has contributed to my clients seeing their financial goals come to fruition. Through my skills, knowledge and experience required to help meet my client's established goals.

My personal goal is to become a life-time resource for each and every

client. I do that by going out and speaking to groups, individuals and the faith-based community to take charge of their lives by taking charge of their money. Feel free to reach out to me to prepare to begin to build financial security for you or your family at Cell (410) 790- 9925 or email me at icarter1@metlife.com 

Scholarship Fund Drive Underway!

As we embark on another year with the Youth Ambassador program we are anxiously moving forward with raising funds towards the youth end of the year scholarships. Here are four ways that you can help:



1—Participate

through Viridian! With the change of your energy supplier through Viridian Energy you will be contributing towards the scholarship fund of our youth. Is Viridian an approved supplier through BGE? Yes, Viridian is approved through the Public Commission and is located on BGE's website as an ap-

proved supplier — www.bge.com/ supplier. How does it work? By going to our website www.viridian.com/matemple Click on become a customer and insert your information.

2 — Give a Donation! Send us your donation to The Eagle's Nest Outreach Center, 701 East 25th Street, Baltimore, MD 21218



3—Make a Pledge—

Sign our Pledge sheet and extend your pledge through monthly contributions. **For as little as \$32.00 a month** for 8 months can add up to a \$250.00 contribution!! Give us a call for

a package—443.530.6352.

4 — Make a Company Tax

Contribution! Make a donation through your Maryland Company with CITC tax credits! Here is an example: A donation of \$500 or more you will receive a 50% Maryland state tax credit - which could mean an out of pocket **cost to you of as little as \$45!** (Example: a \$500 donation automatically earns \$250 credit against Maryland tax liability (50%) and (depending on your taxable income) might receive an additional "41%" (34% federal and 7% state = \$205 tax deduction - for a total of \$455 in tax deductions.) ☞

Have you written your goals for 2012? Try placing those goals on your Vision Board to see the goals come to life!

Coach Spotlight: Tony Reid Fitness Management—Health Coach



Spotlight 1: Health Coach—Tony Reid: Tony Reid, President and Founder of Tony Reid Fitness Management Company

has been inspiring people to take charge of their lives for over 15 years. Tony's philosophy of fitness training and healthy living lends to the mission of his company and assists every client to take charge of their lives. Healthy living is a

holistic approach in combining fitness training, nutritional coaching, time management and motivation. Tony can proudly say that over the years he has helped thousands of people realize their fitness, career and lifestyle dreams.

Serving the Baltimore area since 1997 Tony has become a certified personal fitness trainer and health coach. He has continued to grow his skills through a number of seminars, workshops and training programs in

fitness and personal motivation. He can point to countless individuals that completed his programs having reached their goals. Tony enjoys the feeling of a sense of accomplishment knowing that he has designed and offers a comprehensive program that works!

For a comprehensive fitness or nutrition plan contact Tony at:

info@tonyreidfitnessmanagement.com or give him a call at 410.466.1933. ☞



Career of the Month:

Health Coach

"We work towards a holistic approach to life by incorporating healthy eating in food as well as keeping fit. This is done through providing you with a detailed health plan designed especially for you!" Tony Reid

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Advertise your business Here!! For \$25.00 we can advertise your business here.





The Eagle's Nest Outreach Center **NEWS**

Letter from our Executive Director



Happy New Year and Welcome to our first Newsletter! I am proud to be a part of an organization that helps those in need within our City of Baltimore.

We are excited with our numbers that we have reached in outreach ending in a banner year. As we embark on 2012, we have begun our fundraising towards the Youth Ambassador program to assist the young people to further their education.

With your support, we can do more and achieve more. Feel free to reach out to me via email at EaglesNOC@yahoo.com or call me at 443.530.6352. Whether you want to donate some clothes or food, come out to speak to our youth or make a donation we are here to reach and uplift the community in East Baltimore!

Lakiesha

Lakiesha Brown,

Executive Director

The Eagle's Nest Outreach Center

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Mission

Statement: The Eagle's Nest Outreach Center was established in 2009 with the mission to assist the low-income families with human services towards self-sufficiency.

